

HOLISTIC DEVELOPMENT PLANNER - 1

HEALTH AND PHYSICAL EDUCATION(SEWA)

SEWA: SOCIAL EMPOWERMENT THROUGH WORK EDUCATION AND ACTION

CLASSES	PROJECT	PROJECT INITIATION DATE	PROJECT COMPLETION DATE
IX	SWACHCHA VIDYALAYA SWACHCHA BHARAT	02-09-2024	16-09-2024
X	REDUCE, RECYCLE, REUSE (MOST IMPORTANT 3R'S AND NOW RESPECT)	01-05-2024	15-05-2024
XI COM	FIRST AID: AWARENESS AND DEMONSTRATION	05-11-2024	20-11-2024
XI ARTS	VOLUNTEER OF CHARITIES OUTSIDE OF SCHOOL SUCH AS ORPHANAGES,OLDAGE HOMES	02-12-2024	16-12-2024
XI PCB	COLLECTING AND DISTRIBUTING USED AND UNUSED BOOKS AND CLOTHES TO THE UNDER PRIVILEGD	01-07-2024	15-07-2024
XIPCM	PROJECT ON RECYCLING OF WATER-EXAMPLE FROM RO PLANTS ETC	01-08-2024	16-08-2024
XII COM	PREPARATION OF FAMILY BUDGET AND MAINTENANCE OF DAILY HOUSEHOLD ACCOUNTS	01-05-2024	15-05-2024
XII ARTS	VOLUNTEER OF CHARITIES OUTSIDE OF SCHOOL SUCH AS ORPHANAGES,OLDAGE HOMES	01-05-2024	15-05-2024
XII PCB	AQUAINTANCE WITH COMMON FERTILIZERS AND PESTICIDES AND THEIR APPLICATION WITH APPROPRIATE EQUIPMENT	01-05-2024	15-05-2024
XIIPCM	PROJECT ON RECYCLING OF WATER-EXAMPLE FROM RO PLANTS ETC	01-05-2024	15-05-2024

HOLISTIC DEVELOPMENT PLANNER - 2

YOGA, SPORTS & GAMES CALENDAR 2024-25

MONTH/WING	PRIMARY(I-II)	PRIMARY(III-V)	MIDDLE VI-VIII	SENIOR
APRIL	SPORTS FESTIVAL			
MAY	MUSICAL CHAIR	INDOOR GAME:CARROM	LONG JUMP & SELECTION OF TEAMS FOR ZONAL LEVEL	CHESS & SELECTION OF TEAMS FOR ZONAL LEVEL
JUNE	YOGA IS THE ARTWORK OF AWARENESS ON THE CANVAS OF BODY ,MIND AND SOUL.		CELEBRATION OF INTERNATIONAL YOGA DAY ON LINE ON 21 JUNE	
JULY	INDOOR GAME: LUDO	INDOOR GAME:LUDO	CARROM	BADMINTON
AUGUST	INDOOR GAME:CARROM	MUSICAL CHAIR GAME	YOGA COMPETITION	
SEPTEMBER	MINI RELAY&HEAD,SHOULDERS KNEES&CUP GAME	SACK RACE	TUG OF WAR	LONG JUMP
OCTOBER	LEMON & SPOON RACE	LEMON & SPOON RACE	KHO- KHO	KABADDI
NOVEMBER	MINI HURDLES& DUCK DUCK GOOSE GAME	50 M SPRINT	KABADDI	KHO KHO
DECEMBER	CATTERPILLAR RACE	HURDLES RACE	BADMINTON	VOLLEY BALL
	TAEKWONDO CHAMPIONSHIP			
JANUARY	HOOPLA GAME	RELAY RACE	CHESS	TUG OF WAR
FEBRUARY	50 M SPRINT	THREE LEGGED RACE	50 M SPRINT	50 M SPRINT

20 MINUTES YOGA & MEDITATION IS MANDATORY IN THE MORNING FOR ALL STUDENTS AND STAFF

HOLISTIC DEVELOPMENT

PLANNER - 3

GENERAL HEALTH CHECK UP- SCHEDULE

CLASSES	MONTH
PETALS NURSERY A,B & C	APRIL
BLOSSOM KG A,B & C	APRIL
OBEDIENT ORCHIDS- I &II	MAY
CLEVER CARNATIONS- X & XII	JULY
SMART SAFFRONS - VII &VIII	AUGUST
CLEVER CARNATION -IX&XI	SEPTEMBER
OBEDIENT ORCHIDS- III &IV	OCTOBER
PETALS NURSERY A,B & C (R-2)	NOVEMBER
BLOSSOM KG A,B & C (R-2)	NOVEMBER
OBEDIENT ORCHIDS- I &II (R-2)	NOVEMBER
SMART SAFFRONS - VI	DECEMBER
OBEDIENT ORCHID-V	DEEMBER